



DIGITAL DATELINE

"BUILD IT LIKE WE OWN IT"

HELPING FOR THE HOLIDAYS



TOYS-FOR-TOTS TOTALS: This past Saturday, UAW Local 5690 held the final event to support this year's Toys-for-Tots drive. The winners were:

- 1st Don Adams & Troy Henke
- 2nd Brian Leshan & Josh Rolfe
- 3rd Tommy Ragatz & Devin V.

A special thanks to the **UAW Local 5960 Veterans Committee** for presenting the event.

The final totals for Toys for Tots donation are:

- 86 toys from our bins at Orion.
- 12 toys donated at UAW Local 5960 Bag Tournament
- 61 Items that were donated via the Amazon wish list ~
- \$1400 in donations raised at Orion
- \$222 raised at UAW Local 5960 Bag Tournament
- **Total 159 toys and \$1622 donated**

The River Church of Lake Orion was very appreciative of the donations.

THANK YOU FOR YOUR SUPPORT

THESE \$159,000 ELECTRIC CHEVY PICKUP RESTOMODS ARE COMING IN 2024
 Source: Caleb Jacobs - [thedrive.com](#)

CADILLAC'S \$300,000 CELESTIQ COULD HAVE 18-MONTH BACKLOG OF ORDERS
 Source: Stephen Rivers - [carscoops.com](#)

TAKE A RIDE IN A CRUISE AV: VIDEO
 Source: Jonathan Lopez - [gmauthority.com](#)

A Union-Made Christmas Dinner

Labor 411
 MAKING IT EASY TO SUPPORT GOOD JOBS
 LOS ANGELES | SAN FRANCISCO | WASHINGTON, D.C. | PHILADELPHIA | NEW YORK

Winter Safety Tips

WORKfit

Winter Clothing Tips

- Show back or back pocket or bearing
- Push the snow rather than lifting it
- Toss one should
- Wear a hat, scarf and gloves
- Wear bright or reflective gear so you are easily visible

Winter Walking: Walk Like A Penguin

Winter Walking Tips:

- Point Toes Out
- Bend Knees Slightly
- Hands Out of Pockets
- Take Short Steps
- Walk Flat Footed
- Slowly Shuffle
- Wear Sturdy Footwear
- Keep Weight on Front Leg
- Use a Backpack

If You Fall:

- Tuck Your Chin
- Form A Ball
- Relax As You Impact
- Try to Land on Back

Like a penguin:

- Extend arms to the sides to keep balance
- Keep your knees bent
- Point the feet out slightly

If injured after a fall, call 911 or seek medical attention.

Winter Snow Removal

Cold weather can increase heart rate and blood pressure. It can make your blood clot more easily and constrict the arteries, which decreases blood supply.

Shoveling Tips:

- Do not shovel after eating or while smoking
- Stretch out before you begin
- Shovel only fresh, powdery snow; its lighter
- Push the snow rather than lifting it
- Keep load light and close to body
- Bend at hips and knees with back straight, lifting with legs
- Grip with one hand as low as possible and the other on handle
- Face shovel with both shoulders and hips square
- Alternate sides / hand positions
- Pace yourself: Take 1-2 minute breaks every 10-15 mins

Snow Blower Safety:

- If the blower jams, turn it off
- Keep your hands away from the moving parts
- Do not run a snow blower in an enclosed space
- Add fuel outdoors, before starting, while machine is off
- Never leave it unattended when it is running

Sledding Safety

Sledding Tips:

- Make sure all equipment is in good condition
- No sharp edges and cracks
- Sled on spacious, gently sloping hills with level run-off at the end so the sled can safely stop
- Check slopes for bare spots, holes and obstructions
- Such as fences, rocks, poles or trees
- Do not sled on or around frozen lakes, streams or ponds
- Riders should sit or lay on their back on top of the sled with feet pointing downhill
- Never sled head first
- Dress warmly, and wear thick gloves or mittens and heavy boots to protect against frostbite and injury