



DIGITAL DATELINE

“BUILD IT LIKE WE OWN IT”

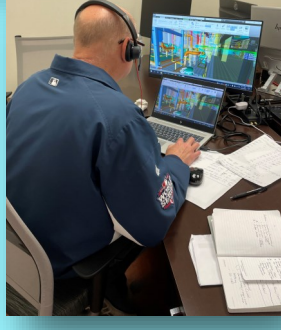


HELPING FOR THE HOLIDAYS: The paint team came together to support a family on this year’s ‘*Adopt-a-Family Giving Tree*’. They purchased multiple items including clothing, toys and a bicycle. Thank you Paint Shop!

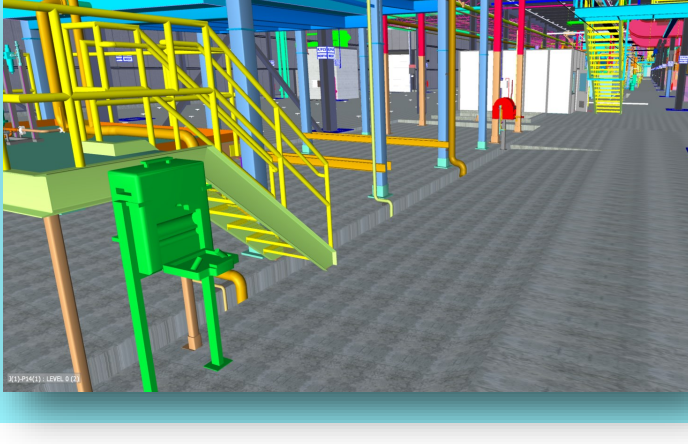
Please remember to return all gifts along with the ‘*Wish List*’ to the **UAW Work Center** by tomorrow **Tues., Dec. 13th** for pick up. **THANK YOU FOR YOUR SUPPORT.**

HI TECH IN PAINT

SHOP: Joe Dembeck, Paint Shop Launch Core Team was awarded a **Purple Pineapple** award for demonstrating GM behaviors like **One Team, It’s On Me**, and **Look Ahead** by using the 3D model of the new paint shop. He then used the 3D model to get feedback from **Ron Robinson**, ELPO/PT Mfg. Support team member to effect change of location on equipment installation locations such as hose reels and eyewash stations.



The changes he was able to get put in place should make working in the new paint shop that much easier and safer for the team once production begins.



UAW ORGANIZES OHIO BATTERY PLANT:

Ultium Cell team members in **Warren, Ohio**, have opted to be represented by the **UAW**. Ultium Cells is a joint venture between **General Motors** and **LG Energy Solution**. As an important supplier to GM, Ultium Cells will mass-produce battery cells crucial to powering GM’s Ultium platforms. Ultium Cells combines an innovative cell manufacturing process that combines proprietary cell technology from LGES and manufacturing expertise from GM.



The Ultium Cell factory in Ohio began battery cell production in August and currently employs 900 people.

BIDEN ANNOUNCES \$2.5 BILLION LOAN TO HELP GM AND LG MAKE EV BATTERIES

Source: Ella Nilsen - [cnn.com](#)



Electrek’s vehicle of the year is the svelte \$25K Chevy Bolt

Seth Weintraub | Dec 9 2022 — 12:02 pm PT



WORKfit™

Glute Bridge

Feet shoulder width apart, shoulders/arms relaxed at your side, contract abdominals by pulling your belly button toward your spine.

Lift hips off the floor and hold. *Keep back straight and keep weight on shoulders and off neck/head.

Hold for 3-5 seconds then slowly lower down. Repeat 10-15 times for 2-4 sets.

Tip of the Month

Hip & Core Stability Exercises

Strengthening core & hip/pelvic musculature helps support the lower back. Try these at home several times a week.

Maintain good upper body posture, with hips in line with shoulders. Keep top knee straight, raise leg. **Can bend lower leg for balance when necessary** Slowly lower top leg back down. Do 10-15 times for 2-4 sets. Repeat on other side.

Questions? Need assistance? Contact Work-Fit at: (810-956-7826)

This information is for prevention & health improvement. If you have pain or injury, please consult your medical or your physician.

There is still time to donate now through **12/14/22** in the Collection Boxes located at Gate 2, 3, 4 and Nerve Center

OR

SCAN the QR code to link to Amazon Wish List now through 12/9/22

Select your donation, check out, and choose shipping address: **Noble Baird – Toys for Tots**. Your donations will be sent direct to GM Orion’s partnered location.

Fill us with new unwrapped toys!!

UAW Local 5960 Veterans Committee
Presents
Blind Draw Corn Hole Tournament
December 17, 2022 @ The Union Hall

- Doors Open @ 11 a.m.
- Bags Fly @ Noon
- \$20 per person
- Cash Prize: 1st, 2nd & 3rd place
- 50/50 Drawing (**All proceeds go to Toys for Tots**)
- Bring a Toy Donation (Voluntary)
- Bring Your Own Bags or House Bags Will Be Provided

TO SUPPORT